Please read chapters 17 and 18.

CHAPTER 17: THE SPIDER'S WEB

In this chapter Rob tells us about three sayings his mother would use. Can you remember any sayings used by adults from when you were a child?

✎ Write down the sayings in the box below and explain what you think they mean.

One saying Rob remembers is, *"Be sure your sin will find you out."* As a child or teenager, did you ever do something you hoped your parents, or an adult wouldn't find out about, and they did?

✎ Write about what you did and how your parents, or the adult reacted when they found out. How did it make you feel?

Rob tells the story about Marcus Enfield to illustrate the quote by Sir Walter Scott, *"Oh, what a tangled web we weave, when first we practice to deceive."*

✎ Have you ever had someone tell you a lie and then told you more lies to protect themselves from being found out? Write down what it was and how it made you feel.

There was a third very simple saying Rob's mother would say, *"It's always right to do what's right."* Rob himself says it can seem unrealistic.

✎ Do you think this saying is always true, or do you think there are times it doesn't work? Write down your thoughts below.

CHAPTER 18: AN ATTITUDE OF GRATITUDE

In this chapter Rob introduces us to two opposite ways of thinking – selfishness and gratitude. Most of us find though that a selfish attitude seems to come more naturally than gratitude.

✎ Rob's wife says, *"Most of us are more selfish than we'd like to believe."* What do you think about what she says? Have you ever experienced selfishness that has harmed you or someone else?

✎ Think of a time when you have been selfish about something that really didn't matter. How did your actions end up making you feel? How did they make others feel? How do you think you can change those things?

Rob continues to describe a much different way of thinking. It's about having 'an attitude of gratitude'. It was through seeing the difficulties other people faced that Rob decided to make a vow 'to try to appreciate the good things' he had.

Consider keeping a gratitude notebook. In it draw pictures, keep photos, poems, song lyrics, or write down the things you are grateful for. You might like to do it on a daily or weekly basis.

✎ Start now by writing a list of the things, experiences, places, or people you are grateful for.

Something to think about ...

✎ What wisdom are you going to take away from these two chapters and how will you use it in your own life?

Next time ...

The next session will look at chapters 19 and 20 where we'll look at some great advice for handling money, and living life in the present.

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