Please read chapters 1 and 2.

CHAPTER 1: WELCOME TO THE WORLD!

Rob starts his book off by giving us the background to why he wrote it. He speaks of his own childhood experiences, things he has learnt from life and his desire to share those lessons with his grandchildren.

On page 9 Rob mentions a village hut called *The Wisdom House* where life lessons are passed on. Think back over your life so far.

✎ What one piece of helpful wisdom has been passed on to you from others?

✎ What life lesson would you like to pass on?

CHAPTER 2: LIFE'S NOT FAIR!

✎ What was your first reaction to this chapter?

✎ What in particular stood out to you as you read this chapter? Why did that impact you?

On page 12 Rob says, "*... you will find as you get older that 'it's not fair' is often true of life.*" He then tells the story of Victor Frankl who experienced tragedies he didn't deserve.

✎ If you'd been in Frankl's position, what would your response have been?

✎ Victor Frankl makes the following statement, "*Everything can be taken from a man but one thing: the last of the human freedoms – to choose one's attitude in any given set of circumstances, to choose one's own way.*"?

Do you agree or disagree with this statement? Why do you say that?

Something to think about ...

✎ What wisdom will you take away from these two chapters and how will you use it in your own life?

Next time ...

The next session will look at chapters 3 and 4 where we'll discuss being who you really are and making your dreams happen.

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